

[Your Full Name]

Domestic Worker / Housekeeper

[Suburb, City]

[Cell number]

[email@example.com] (optional)

Languages: [e.g. isiZulu, English, Sesotho]

ID / work status: [SA ID / Valid work permit] (optional)

PROFILE

Reliable, honest and hardworking domestic worker with [X] years of experience in private homes. Strong housekeeping skills, including deep cleaning, laundry and ironing, and supporting family routines. Trusted with keys and alarm codes, and comfortable working on my own. Available for [live-in / live-out] work from [date]. Contactable references available.

AVAILABILITY

- **Work type:** [Live-in / Live-out / Either]
- **Days:** [Full-time Mon-Fri / Part-time / Weekends]
- **Preferred areas:** [e.g. Randburg, Rosebank, Sandton, Midrand]
- **Start date:** [Immediately / DD Month YYYY]
- **Transport:** [Taxi / bus / train / own transport] (optional)

KEY SKILLS

- House cleaning: daily cleaning, deep cleaning, bathrooms, kitchens, floors and windows
- Laundry and ironing: sorting, stain removal, handwashing delicates, folding and packing away
- Home organisation: cupboards, linen, pantry
- Cooking support: meal prep, lunchboxes, basic family meals (optional)
- Childcare support: school run help, supervision, homework routine (if applicable)
- Errands: shopping lists, pharmacy runs, receiving deliveries
- Trust and safety: key-holder, alarm and lock-up routines, respecting the family's privacy

WORK EXPERIENCE

Domestic Worker (Live-out) – Private family, [Suburb, City]

[Month YYYY] – Present

- Full housekeeping for a [size of home] home: daily cleaning, weekly deep-clean schedule and guest-room preparation.
- Laundry and ironing for [number] family members, including school uniforms and bedding.
- Helped with meal prep and kept the kitchen clean, hygienic and organised.
- Looked after cleaning products and told the employer when supplies were running low.

- Key-holder: opened for service providers and received deliveries when the employer was away.

Housekeeper / Nanny Support (Live-in) – Private family, [Suburb, City]

[Month YYYY] – [Month YYYY]

- Live-in housekeeping and childcare support for a family with [number] children aged [ages].
- Got children ready for school (breakfast, uniforms), kept play areas tidy and supervised the after-school routine when needed.
- Deep cleaned bathrooms and kitchen, including the fridge and oven, on a monthly schedule.
- Washed, ironed and packed away clothes; kept the linen cupboard and guest bedding in order.
- Followed the employer's cleaning checklists and special-care instructions for surfaces and fabrics.

Domestic Worker (Long service - same employer) – Private family, [Suburb, City]

[Year] – [Year]

- Worked for one household for [X] years, supporting the family through changes such as moving house and children growing up.
- Full housekeeping, laundry and ironing, and some cooking support.
- Reason for leaving: [Employer relocated / Children grown and full-time help no longer needed / Contract ended].

EDUCATION

Grade [X] – [School Name], [City], [Year]

TRAINING (OPTIONAL)

[First aid / Childcare course / Hygiene and cleaning course] – [Provider], [Year]

REFERENCES

[Reference 1 Name] – Employer, [Suburb]

Tel: [Cell number]

[Reference 2 Name] – Employer, [Suburb]

Tel: [Cell number]

[Reference 3 Name] – Employer / House manager (optional), [Suburb]

Tel: [Cell number]