[Your Name Surname]

Cell: [08X XXX XXXX]
Email: [name@email.com]
Location: [Town, Province]
Availability: [Immediately / 2 weeks' notice]
Shift work: Willing to work day/night shifts and weekends

Profile

[Mine/general] worker with [X] years' experience in [underground/surface] support roles. Safety-focused and used to strict rules, PPE compliance, housekeeping standards and reporting hazards early. Physically fit, reliable on shifts, and confident working in teams under a supervisor to meet production and cleaning targets.

Key skills

- Safety compliance: PPE, housekeeping, hazard reporting, barricading and signage awareness
- Support work: cleaning, sweeping, shovelling, material handling, assisting artisans and operators
- Tools and equipment: basic hand tools, water hose/pressure cleaning, wheelbarrows/trolleys (where applicable)
- Communication: follows instructions, completes checklists, reports faults/leaks/spills
- Shift readiness: reliable attendance, works in heat/dust/noise, maintains hydration and rest routines

Certificates & compliance

- Medical fitness: [Medically fit / Date if recent e.g. Aug 2026]
- Mine/site induction: [Induction name / Year]
- [First Aid Level 1 / Firefighting / Working at Heights / Other] – [Provider], [Year]
- Driver's licence: [Code B/C1/EC] (if applicable)

Work experience

Mine General Worker / Mining Assistant — [Company], [Town/Area]
[Month Year] – [Month Year]

- Supported shift team with cleaning, sweeping and shovelling to maintain safe walkways and work areas.
- Assisted with moving materials and tools to work sites, following supervisor instructions and site rules.
- Checked and wore PPE correctly every shift (boots, hard hat, gloves, eye protection, hearing protection as required).
- Reported hazards immediately (spills, damaged cables/hoses, loose material, poor lighting) and helped to barricade unsafe areas.
- Helped with basic housekeeping around conveyors/stockpiles/workshops (as assigned), keeping areas clear and reducing slip/trip risks.

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- Worked day/night shifts and met start times consistently; maintained good teamwork and communication.

General Worker / Construction Labourer — [Company], [Town]
[Month Year] – [Month Year]

- Did physical work daily (loading/offloading, mixing, cleaning, site prep) and maintained a tidy work area.
- Followed safety instructions, used PPE and kept tools stored safely.
- Assisted skilled workers and learned quickly, taking feedback and improving output.

Education

- Matric (Grade 12) — [School], [Year] *(or: Highest grade passed — [Grade], [Year])*

References
Available on request *(or list 1–2 with permission)*

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