

[Your Full Name]

[Suburb], [City]

[Cell number] · [Email]

PROFILE

Warehouse Assistant with [X months/years] experience in [picking / packing / receiving / dispatch / stock counts]. Known for [accuracy / fast picking / reliable attendance / safety]. Looking for a role in [retail distribution / FMCG / 3PL / cold chain] where I can support daily targets and stock control.

KEY SKILLS

- Picking and packing
- Receiving and put-away
- Dispatch staging
- Stock counts
- Scanning / WMS
- Safety and housekeeping

EXPERIENCE

[Job Title] - [Company], [City]

[Month Year] - [Month Year]

- [Picked / packed / received ... + how you did it]
- [Dispatch / put-away / stock counts ...]
- [Safety / teamwork ...]

[Job Title] - [Company], [City]

[Month Year] - [Month Year]

- [Duty + tool or system used]
- [Duty + result]

EDUCATION

[Matric / Highest grade] - [School], [Year]

CERTIFICATES

- [Certificate] - [Provider], [Year]

AVAILABILITY

[Day / Night / Weekend shifts] · Notice: [Immediate / 1 week]

REFERENCES

Available on request.